

Coupe Régionale Adultes Limoges 25  
OR 1 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Charline COMPAIN Stade Poitevin Club De Glace FRA  
Music: Fight to be human - demon slayer

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1Lz+1Lo+1Lo              |     |                   |
|                   | 2  | 1F                       |     |                   |
|                   | 3  | FCCoSp                   |     |                   |
|                   | 4  | 1A+1A                    |     |                   |
|                   | 5  | StSq                     |     |                   |
|                   | 6  | 1Lz+1T                   |     |                   |
|                   | 7  | 1F                       |     |                   |
|                   | 8  | CCoSp                    |     |                   |
|                   | 9  | SSp                      |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR 1 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Julie VENOT Club Patinage Artistique Limoges  
Music: Mirko - Cirque du soleil

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1F+1Lo                   |     |                   |
|                   | 3  | 1A                       |     |                   |
|                   | 4  | 1F+1A+1T                 |     |                   |
|                   | 5  | FCSp                     |     |                   |
|                   | 6  | 1Lo                      |     |                   |
|                   | 7  | CCoSp                    |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | SSp                      |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT 2 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Carine JASSERON Union Sportive Fontenaysienne  
Music: Ed Sheeran - Perfect

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1A+1Lo                   |     |                   |
|                   | 2  | 1A                       |     |                   |
|                   | 3  | CoSp                     |     |                   |
|                   | 4  | 1F+1Lo+1T                |     |                   |
|                   | 5  | ChSq                     |     |                   |
|                   | 6  | 1F                       |     |                   |
|                   | 7  | SSp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT 2 ARTISTIQUE FEMME FREE SKATING

Judge No. 1Ms. Zineb ABDELMOULA

2Virginie MICHELClub Avignonnais De PatinageFRA

Music:BACK TO BLACK AMY WINEHOUSE

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1A                       |     |                   |
|                   | 2  | 1Lz+1Lo+1Lo              |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1F+1T                    |     |                   |
|                   | 5  | ChSq                     |     |                   |
|                   | 6  | 1Lz                      |     |                   |
|                   | 7  | SSp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT 2 ARTISTIQUE FEMME FREE SKATING

Judge No. 1Ms. Zineb ABDELMOULA

3Stephanie LEONETClub Avignonnais De PatinageFRA

Music:HUNGER GAMES

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1A+1A+SEQ                |     |                   |
|                   | 2  | 1L+1Lo+1Lo               |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | ChSq                     |     |                   |
|                   | 5  | 1Lz                      |     |                   |
|                   | 6  | 1F                       |     |                   |
|                   | 7  | SSp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT 3 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1Martine BURBAUDChatellerault Csad-CFRA

Music:

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  |                          |     |                   |
|                   | 2  |                          |     |                   |
|                   | 3  |                          |     |                   |
|                   | 4  |                          |     |                   |
|                   | 5  |                          |     |                   |
|                   | 6  |                          |     |                   |
|                   | 7  |                          |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT 3 ARTISTIQUE FEMME FREE SKATING

Judge No. 1Ms. Zineb ABDELMOULA

2Stephanie DANGUINAssociation Nice Baie Des Anges

Music: BOUND TO YOU

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1T                       |     |                   |
|                   | 2  | 1S+1T                    |     |                   |
|                   | 3  | CSp                      |     |                   |
|                   | 4  | ChQSq                    |     |                   |
|                   | 5  | 1Lo                      |     |                   |
|                   | 6  | 1S                       |     |                   |
|                   | 7  | USp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
BRONZE 1 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Rachel DUPUIS Niortglace FRA  
Music: AGATHA ALLONG

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | SSp                      |     |                   |
|                   | 2  | ChSq                     |     |                   |
|                   | 3  | 1Lz+1Lo                  |     |                   |
|                   | 4  | 1F+1T                    |     |                   |
|                   | 5  | 1F                       |     |                   |
|                   | 6  | 1Lz                      |     |                   |
|                   | 7  | CSp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR 2 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Stephanie LAURENCON Asso Patinage Artistique Montauban  
Music: Conquest of Paradise Vangelis

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1A+1A                    |     |                   |
|                   | 2  | CoSp                     |     |                   |
|                   | 3  | 2S                       |     |                   |
|                   | 4  | 2S                       |     |                   |
|                   | 5  | 1F                       |     |                   |
|                   | 6  | FCCoSp                   |     |                   |
|                   | 7  | 1Lo+2Lo                  |     |                   |
|                   | 8  | CCoSp                    |     |                   |
|                   | 9  | StSq                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
BRONZE 2 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Sandrine TOMKOWIAK Association La Roche Sur YonFRA  
Music: The Winner takes it all du groupe ABBA

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1Lo                      |     |                   |
|                   | 2  | ChSq                     |     |                   |
|                   | 3  | CUSp                     |     |                   |
|                   | 4  | 1S+1Lo                   |     |                   |
|                   | 5  | 1F                       |     |                   |
|                   | 6  | 1S+1T                    |     |                   |
|                   | 7  | SSp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
BRONZE 3 ARTISTIQUE FEMME FREE SKATING

Judge No. 1Ms. Zineb ABDELMOULA

1Sandrine RABEMANANJARA

Champigny Csg

FRA

Music:

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  |                          |     |                   |
|                   | 2  |                          |     |                   |
|                   | 3  |                          |     |                   |
|                   | 4  |                          |     |                   |
|                   | 5  |                          |     |                   |
|                   | 6  |                          |     |                   |
|                   | 7  |                          |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
MASTER 1 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Marie LAFERRIERE Union Sportive Fontenaysienne  
Music: Medley Britney Spears

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2L+1A+1A                 |     |                   |
|                   | 2  | 2F+2T                    |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 2Lz                      |     |                   |
|                   | 5  | 2T                       |     |                   |
|                   | 6  | 2S                       |     |                   |
|                   | 7  | LSp                      |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | FSSp                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR JA ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Manon BOURDON Club Avignonnais De PatinageFRA  
Music: DANTON SACRIFICE SARAH SCHACHNER ET FIGHTING IN THE MARKET

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1A+2Lo                   |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1A                       |     |                   |
|                   | 5  | 2Lo                      |     |                   |
|                   | 6  | SSp                      |     |                   |
|                   | 7  | 1Lz+1T+1Lo               |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | FCSp                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
BRONZE JA ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Lola ZAMMIT Club Avignonnais De PatinageFRA

Music:

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  |                          |     |                   |
|                   | 2  |                          |     |                   |
|                   | 3  |                          |     |                   |
|                   | 4  |                          |     |                   |
|                   | 5  |                          |     |                   |
|                   | 6  |                          |     |                   |
|                   | 7  |                          |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
MASTER JA LIBRE HOMME FREE SKATING

Judge No. 1Ms. Nathalie DOMEQ

1Pierre BENITO GARCIA

Toulouse Club De PatinageFRA

Music: DIVERS ROCK

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2Lz                      |     |                   |
|                   | 2  | FCCoSp                   |     |                   |
|                   | 3  | 2S+2TO                   |     |                   |
|                   | 4  | 2F                       |     |                   |
|                   | 5  | CCoSp                    |     |                   |
|                   | 6  | 1A+1Lo+2TO               |     |                   |
|                   | 7  | 2Lo                      |     |                   |
|                   | 8  | CSSp                     |     |                   |
|                   | 9  | StSq                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
MASTER JA LIBRE HOMME FREE SKATING

Judge No. 1Ms. Nathalie DOMEQ

2Elyasse ABDELMOULA

Club Patinage Artistique Limoges

Music:

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  |                          |     |                   |
|                   | 2  |                          |     |                   |
|                   | 3  |                          |     |                   |
|                   | 4  |                          |     |                   |
|                   | 5  |                          |     |                   |
|                   | 6  |                          |     |                   |
|                   | 7  |                          |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT 1 LIBRE HOMME FREE SKATING

Judge No. 1 Ms. Nathalie DOMEQ

1 Jonathan LUCAS Le Patin De Glace FRA  
Music: Red lights

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1Lz+1A+SEQ               |     |                   |
|                   | 2  | 1A                       |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1F+1T                    |     |                   |
|                   | 5  | ChSq                     |     |                   |
|                   | 6  | CCSp                     |     |                   |
|                   | 7  | 1Lo                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
ARGENT JA LIBRE HOMME FREE SKATING

Judge No. 1 Ms. Nathalie DOMEQ

1 Allan TAFANIER Patinage Artistique Briviste FRA  
Music: Beyonce

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1A                       |     |                   |
|                   | 2  | 1F+1Lo                   |     |                   |
|                   | 3  | ChSq                     |     |                   |
|                   | 4  | 1Lo                      |     |                   |
|                   | 5  | 1Lz                      |     |                   |
|                   | 6  | CSp                      |     |                   |
|                   | 7  | USp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
MASTER JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Luna MANCEAU Club Patinage Artistique Limoges FFA  
Music: I see red

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | SSp                      |     |                   |
|                   | 2  | 1A                       |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 2S+1A                    |     |                   |
|                   | 5  | 2T                       |     |                   |
|                   | 6  | 2T+1Lo                   |     |                   |
|                   | 7  | 2F                       |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Julie VENOT Club Patinage Artistique Limoges  
Music: Mirko - Cirque du soleil

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1F+1Lo                   |     |                   |
|                   | 3  | 1A                       |     |                   |
|                   | 4  | 1F+1A+1T                 |     |                   |
|                   | 5  | FCSp                     |     |                   |
|                   | 6  | 1Lo                      |     |                   |
|                   | 7  | CCoSp                    |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | SSp                      |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Charline COMPAIN Stade Poitevin Club De Glace FRA  
Music: Fight to be human - demon slayer

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1Lz+1Lo+1Lo              |     |                   |
|                   | 2  | 1F                       |     |                   |
|                   | 3  | FCCoSp                   |     |                   |
|                   | 4  | 1A+1A                    |     |                   |
|                   | 5  | StSq                     |     |                   |
|                   | 6  | 1Lz+1T                   |     |                   |
|                   | 7  | 1F                       |     |                   |
|                   | 8  | CCoSp                    |     |                   |
|                   | 9  | SSp                      |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR 2 LIBRE FEMME FREE SKATING

Judge No. 1Ms. Zineb ABDELMOULA

1Stephanie LAURENCON

Asso Patinage Artistique Montauban

Music:Conquest of Paradise Vangelis

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1A+1A                    |     |                   |
|                   | 2  | CoSp                     |     |                   |
|                   | 3  | 2S                       |     |                   |
|                   | 4  | 2S                       |     |                   |
|                   | 5  | 1F                       |     |                   |
|                   | 6  | FCCoSp                   |     |                   |
|                   | 7  | 1Lo+2Lo                  |     |                   |
|                   | 8  | CCoSp                    |     |                   |
|                   | 9  | StSq                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |