

Coupe Régionale Adultes Limoges 25
ARGENT JA ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Coline GERARD Niortglace FRA
Music: HUNGER GAMES

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1A+SEQ		
	2	CSp		
	3	ChSq		
	4	1Lo		
	5	CCoSp		
	6	1Lz		
	7	1F+1Lo+1T		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT JA ARTISTIQUE FEMME FREE SKATING

Judge No. 1Ms. Zineb ABDELMOULA

2Marie LAMBERTClub Patinage Artistique Limoges

ISAJSA

Music: Tainted love - soft cell

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1T		
	2	1F		
	3	1Lo+1EU+1S		
	4	CoSp		
	5	ChSq		
	6	SSp		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 1 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Anais SANDRART Niortglace FRA
Music: SEXY WOMEN

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	1A		
	3	SSp		
	4	1Lz		
	5	1Lz+1T		
	6	ChSq		
	7	CoSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 1 ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Alicia LEVEQUE Asnieres Patinage FRA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

1 Sabrina BERLAND Club Patinage Artistique Limoges
Music: Yearning - raul ferrando

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1S+1T		
	2	SSp		
	3	ChSq		
	4	1Lo+1T		
	5	1F		
	6	USp		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Ines NEGAZ Club Avignonnais De PatinageFRA
Music: ALAN WALKER FADED

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lz		
	2	1F		
	3	1Lo+1Lo		
	4	CSp		
	5	ChSq		
	6	1F		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

3 Morgane SANQUER Club Avignonnais De PatinageFRA
Music: ME AND THE DEVIL

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	CSp		
	3	1F		
	4	1T		
	5	CUSp		
	6	ChSq		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

4 Solene POULET Club Patinage Artistique Limoges
Music: Lay old your love on me - mamamia

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	USp		
	2	1S		
	3	ChSq		
	4	1Lo+1Lo		
	5	SSp		
	6	1F+1T		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 3 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Sandrine RABEMANANJARA Champigny Csg FRA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 3 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Stephanie DANGUIN Association Nice Baie Des Anges
Music: BOUND TO YOU

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1T		
	2	1S+1T		
	3	CSp		
	4	ChQSq		
	5	1Lo		
	6	1S		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Chloe RABBIONE Union Sportive Fontenaysienne FRA
Music: You and I - Lady Gaga

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	SSp		
	2	1T		
	3	1F		
	4	1S+1Lo		
	5	CUSp		
	6	1F		
	7	ChSq		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Claire BITAUDEAU Stade Poitevin Club De Glace FRA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

3 Julie MATHIEU Club Patinage Artistique Limoges FFA
Music: You don't own me - saygrace

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1T+1EU+1S		
	2	SSp		
	3	1S		
	4	ChSq		
	5	1F+1T		
	6	1Lo		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

4 Caroline DUBOIS FRA
Music: Blood Diamond

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

5 Jessica JAUIJOU Association La Roche Sur YonFRA
Music: Lose My Mind - Dean Lewis

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	ChSq		
	2	1Lz+1Lo		
	3	CSp		
	4	1F+1T		
	5	CSSp		
	6	1Lo		
	7	1S		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

6 Laure CLAUDEL Toulouse Club De Patinage FRA
Music: DIVERS POP

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F		
	2	CSp		
	3	1Lo		
	4	1Lz		
	5	ChSq		
	6	1F+1TO		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

7 Rachel DUPUIS Niortglace FRA
Music: AGATHA ALLONG

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	SSp		
	2	ChSq		
	3	1Lz+1Lo		
	4	1F+1T		
	5	1F		
	6	1Lz		
	7	CSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

8 Sophie GEFROY Patinage Artistique Briviste FRA
Music: Mika

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lo		
	2	ChSq		
	3	USp		
	4	1S+1T		
	5	1T		
	6	1S		
	7	CSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

9 Lucie DUBOS Club Patinage Artistique Limoges FFA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Delphine de SOUZA Club Patinage Artistique Limoges
Music: In mémoriam - kirill richter

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1S		
	2	1F+1Lo		
	3	SSp		
	4	ChSq		
	5	1Lz+1T		
	6	1F		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Sandrine TOMKOWIAK Association La Roche Sur YonFRA
Music: The Winner takes it all du groupe ABBA

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lo		
	2	ChSq		
	3	CUSp		
	4	1S+1Lo		
	5	1F		
	6	1S+1T		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

3 Laure PECH de la CLAUZE Toulouse Club De Patinage FRA
Music: DIVERS POP

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Z+1Lo		
	2	LBSp		
	3	1F		
	4	1Lz		
	5	ChSq		
	6	1S		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
MASTER 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Marie LAFERRIERE Union Sportive Fontenaysienne
Music: Medley Britney Spears

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	2L+1A+1A		
	2	2F+2T		
	3	CCoSp		
	4	2Lz		
	5	2T		
	6	2S		
	7	LSp		
	8	StSq		
	9	FSSp		
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
OR JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Manon BOURDON Club Avignonnais De PatinageFRA
Music: DANTON SACRIFICE SARAH SCHACHNER ET FIGHTING IN THE MARKET

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	2S		
	2	1A+2Lo		
	3	CCoSp		
	4	1A		
	5	2Lo		
	6	SSp		
	7	1Lz+1T+1Lo		
	8	StSq		
	9	FCSp		
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
OR JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Lauryne BABOULIN Toulouse Club De Patinage FRA
Music: THE WINER TAKE IT ALL

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	2S		
	2	1F+1A+1TO		
	3	SSp		
	4	StSq		
	5	FCSp		
	6	2S		
	7	1A+1Lo		
	8	CCoSp		
	9	1Lz		
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
OR JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

3 Perrine GIRON Toulouse Club De Patinage FRA
Music: DIVERS POP

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	2Lo		
	2	2S+1TO		
	3	StSq		
	4	1A+1A+1Lo		
	5	FSSp		
	6	2Lo		
	7	CCoSp		
	8	2S		
	9	CSp		
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Maeva ONGALE-OBEYI Toulouse Club De Patinage FRA
Music: AND JULIETTE

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lo		
	2	1F+1A		
	3	ChSq		
	4	FCCoSp		
	5	1A		
	6	1F+1Lo+1TO		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Alicia LEVEQUE Asnieres Patinage FRA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 1 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

3 Anais SANDRART Niortglace FRA
Music: SEXY WOMEN

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	1A		
	3	SSp		
	4	1Lz		
	5	1Lz+1T		
	6	ChSq		
	7	CoSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Nathalie MAHIEUX Niortglace FRA
Music: Le masque de Zorro

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo+1T		
	2	1A		
	3	CSp		
	4	ChSq		
	5	1F		
	6	1S+1Lo		
	7	CCoSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

2 Virginie MICHEL Club Avignonnais De PatinageFRA
Music: BACK TO BLACK AMY WINEHOUSE

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1A		
	2	1Lz+1Lo+1Lo		
	3	CCoSp		
	4	1F+1T		
	5	ChSq		
	6	1Lz		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

3 Stephanie LEONET Club Avignonnais De PatinageFRA
Music: HUNGER GAMES

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1A+1A+SEQ		
	2	1L+1Lo+1Lo		
	3	CCoSp		
	4	ChSq		
	5	1Lz		
	6	1F		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

4 Virignie DEFRENNE Club Patinage Artistique Limoges
Music: Thule - Travis lake

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1A		
	2	ChSq		
	3	CoSp		
	4	1A+1T		
	5	1F+1Lo+1T		
	6	LSp		
	7	1S		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 2 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

5 Carine JASSERON Union Sportive Fontenaysienne FRA
Music: Ed Sheeran - Perfect

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1A+1Lo		
	2	1A		
	3	CoSp		
	4	1F+1Lo+1T		
	5	ChSq		
	6	1F		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

1 Lora BLANC Toulouse Club De Patinage FRA
Music: BURLESQUE

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1A		
	2	ChSq		
	3	CCoSp		
	4	1F+1Lo+1TO		
	5	1F+1A		
	6	1Lo		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1A+SEQ		
	2	CSp		
	3	ChSq		
	4	1Lo		
	5	CCoSp		
	6	1Lz		
	7	1F+1Lo+1T		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

3 Johanna BURDILLAT Toulouse Club De Patinage FRA
Music: MONNEY

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1A+1TO		
	2	1A		
	3	1F		
	4	SSp		
	5	1Lz		
	6	ChSq		
	7	CCoSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

4 Amelle MARQUES DO CARMO Chatellerault Csad-C FRA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT JA LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

5 Marie LAMBERT Club Patinage Artistique Limoges FFA
Music: Tainted love - soft cell

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1T		
	2	1F		
	3	1Lo+1EU+1S		
	4	CoSp		
	5	ChSq		
	6	SSp		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

6 Coraline TRIOREAU Le Patin De Glace FRA
Music: Noah Kahan - False Confidence

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1A+1T		
	2	CoSp		
	3	1A		
	4	ChSq		
	5	1F+1Lo+1T		
	6	1Lo		
	7	SSp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
ARGENT 3 LIBRE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Martine BURBAUD Chatellerault Csad-C FRA

Music:

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	☐ Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						