

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Referee

Ms. Nathalie DOMEcq

1

Sabrina BERLAND

Club Patinage Artistique Limoges FRA

Music: Yearning - raul ferrando

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1S+1T		
	2	SSp		
	3	ChSq		
	4	1Lo+1T		
	5	1F		
	6	USp		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Referee

Ms. Nathalie DOMEcq

2 Ines NEGAZ **Club Avignonnais De PatinageFRA**
Music: ALAN WALKER FADED

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lz		
	2	1F		
	3	1Lo+1Lo		
	4	CSp		
	5	ChSq		
	6	1F		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Referee

Ms. Nathalie DOMEcq

3 Morgane SANQUER **Club Avignonnais De PatinageFRA**
Music: ME AND THE DEVIL

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	CSp		
	3	1F		
	4	1T		
	5	CUSp		
	6	ChSq		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Referee

Ms. Nathalie DOMEcq

4

Solene POULET

Club Patinage Artistique Limoges

Music: Lay old your love on me - mamamia

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	USp		
	2	1S		
	3	ChSq		
	4	1Lo+1Lo		
	5	SSp		
	6	1F+1T		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING
 Judge No. 1 Ms. Zineb ABDEMOULA

1 Sabrina BERLAND

Club Patinage Artistique Limoges FRA

Music: Yearning - raul ferrando

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1S+1T		
	2	SSp		
	3	ChSq		
	4	1Lo+1T		
	5	1F		
	6	USp		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING
 Judge No. 1 Ms. Zineb ABDELMOULA

2 Ines NEGAZ **Club Avignonnais De PatinageFRA**

Music: ALAN WALKER FADED

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lz		
	2	1F		
	3	1Lo+1Lo		
	4	CSp		
	5	ChSq		
	6	1F		
	7	USp		
	8			
	9			
	10			
	11			
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Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING
 Judge No. 1 Ms. Zineb ABDELMOULA

3 Morgane SANQUER

Club Avignonnais De Patinage FRA

Music: ME AND THE DEVIL

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	CSp		
	3	1F		
	4	1T		
	5	CUSp		
	6	ChSq		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 1

Ms. Zineb ABDELMOULA

4 Solene POULET

Club Patinage Artistique Limoges FRA

Music: Lay old your love on me - mamamia

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	USp		
	2	1S		
	3	ChSq		
	4	1Lo+1Lo		
	5	SSp		
	6	1F+1T		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 2

Ms. Sonia DECROS

1 **Sabrina BERLAND** **Club Patinage Artistique Limoges FSA**
Music: **Yearning - raul ferrando**

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1S+1T		
	2	SSp		
	3	ChSq		
	4	1Lo+1T		
	5	1F		
	6	USp		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 2

Ms. Sonia DECROS

2

Ines NEGAZ

Club Avignonnais De Patinage FRA

Music: **ALAN WALKER FADED**

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lz		
	2	1F		
	3	1Lo+1Lo		
	4	CSp		
	5	ChSq		
	6	1F		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 2

Ms. Sonia DECROS

3 Morgane SANQUER **Club Avignonnais De PatinageFRA**

Music: **ME AND THE DEVIL**

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	CSp		
	3	1F		
	4	1T		
	5	CUSp		
	6	ChSq		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 2

Ms. Sonia DECROS

4

Solene POULET

Club Patinage Artistique Limoges FSA

Music: Lay old your love on me - mamamia

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	USp		
	2	1S		
	3	ChSq		
	4	1Lo+1Lo		
	5	SSp		
	6	1F+1T		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 3

Ms. Elisa SIRGANT

1

Sabrina BERLAND

Club Patinage Artistique Limoges

Music: **Yearning - raul ferrando**

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1S+1T		
	2	SSp		
	3	ChSq		
	4	1Lo+1T		
	5	1F		
	6	USp		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 3

Ms. Elisa SIRGANT

2 Ines NEGAZ **Club Avignonnais De PatinageFRA**

Music: ALAN WALKER FADED

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1Lz		
	2	1F		
	3	1Lo+1Lo		
	4	CSp		
	5	ChSq		
	6	1F		
	7	USp		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
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Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 3

Ms. Elisa SIRGANT

3

Morgane SANQUER

Club Avignonnais De Patinage FRA

Music: **ME AND THE DEVIL**

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	1F+1Lo		
	2	CSp		
	3	1F		
	4	1T		
	5	CUSp		
	6	ChSq		
	7	1Lo		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
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Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						

Coupe Régionale Adultes Limoges 25
BRONZE JA LIBRE FEMME FREE SKATING

Judge No. 3

Ms. Elisa SIRGANT

4

Solene POULET

Club Patinage Artistique Limoges

Music: Lay old your love on me - mamamia

Notes/Transitions	#	Planned/Executed Element	GOE	Notes/Transitions
	1	USp		
	2	1S		
	3	ChSq		
	4	1Lo+1Lo		
	5	SSp		
	6	1F+1T		
	7	1F		
	8			
	9			
	10			
	11			
	12			

Composition	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Multidimensional movements / use of space							
Connections between the elements							
Choreography reflecting musical phrase and form							
Pattern / ice coverage							
Unity							
Presentation	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Expressiveness & projection							
Variety and contrast of energy / of movements							
Musical sensitivity and timing							
Oneness and spatial awareness							
Skating skills	V poor - Poor 0,25 - 2,75	Weak - Below Average 3 - 4,75	Average - Ab Av 5 - 6,75	Good - V good 7 - 8,75	Excellent - Outstanding 9 - 10	Notes	Score
Variety of edges, steps, turns, movements, directions							
Clarity of edges, steps, turns, movements and body control							
Balance and glide							
Flow							
Power of speed							
Unison							
Deductions by majority	<input type="checkbox"/> Costume/Prop violation						
PC restrictions	1 serious error: maximum score 9.50 2 or more serious errors: maximum score 8.75						