

Coupe Régionale Adultes Limoges 25  
OR JA ARTISTIQUE FEMME FREE SKATING

Referee

Ms. Nathalie DOMEQ

1 Manon BOURDON Club Avignonnais De PatinageFRA  
Music: DANTON SACRIFICE SARAH SCHACHNER ET FIGHTING IN THE MARKET

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1A+2Lo                   |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1A                       |     |                   |
|                   | 5  | 2Lo                      |     |                   |
|                   | 6  | SSp                      |     |                   |
|                   | 7  | 1Lz+1T+1Lo               |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | FCSp                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR JA ARTISTIQUE FEMME FREE SKATING

Judge No. 1 Ms. Zineb ABDELMOULA

1 Manon BOURDON Club Avignonnais De PatinageFRA  
Music: DANTON SACRIFICE SARAH SCHACHNER ET FIGHTING IN THE MARKET

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1A+2Lo                   |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1A                       |     |                   |
|                   | 5  | 2Lo                      |     |                   |
|                   | 6  | SSp                      |     |                   |
|                   | 7  | 1Lz+1T+1Lo               |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | FCSp                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR JA ARTISTIQUE FEMME FREE SKATING

Judge No. 2 Ms. M Antoinette LATREILLE

1 Manon BOURDON Club Avignonnais De PatinageFRA  
Music: DANTON SACRIFICE SARAH SCHACHNER ET FIGHTING IN THE MARKET

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1A+2Lo                   |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1A                       |     |                   |
|                   | 5  | 2Lo                      |     |                   |
|                   | 6  | SSp                      |     |                   |
|                   | 7  | 1Lz+1T+1Lo               |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | FCSp                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe Régionale Adultes Limoges 25  
OR JA ARTISTIQUE FEMME FREE SKATING

Judge No. 3 Ms. Elisa SIRGANT

1 Manon BOURDON Club Avignonnais De PatinageFRA  
Music: DANTON SACRIFICE SARAH SCHACHNER ET FIGHTING IN THE MARKET

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 2S                       |     |                   |
|                   | 2  | 1A+2Lo                   |     |                   |
|                   | 3  | CCoSp                    |     |                   |
|                   | 4  | 1A                       |     |                   |
|                   | 5  | 2Lo                      |     |                   |
|                   | 6  | SSp                      |     |                   |
|                   | 7  | 1Lz+1T+1Lo               |     |                   |
|                   | 8  | StSq                     |     |                   |
|                   | 9  | FCSp                     |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition                                                   | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |                                                                                     |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |                                                                                     |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |                                                                                     |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unity                                                         |                                                                                     |                                     |                                |                           |                                      |       |       |
| Presentation                                                  | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |                                                                                     |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |                                                                                     |                                     |                                |                           |                                      |       |       |
| Skating skills                                                | V poor - Poor<br>0,25 - 2,75                                                        | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |                                                                                     |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |                                                                                     |                                     |                                |                           |                                      |       |       |
| Balance and glide                                             |                                                                                     |                                     |                                |                           |                                      |       |       |
| Flow                                                          |                                                                                     |                                     |                                |                           |                                      |       |       |
| Power of speed                                                |                                                                                     |                                     |                                |                           |                                      |       |       |
| Unison                                                        |                                                                                     |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation                                                            |                                     |                                |                           |                                      |       |       |
| PC restrictions                                               | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |