

Coupe du Dragon 2026  
ADULTE BRONZE FEMME FREE SKATING

Name of Judge: \_\_\_\_\_

WD Laurie HERNANDEZ Niortglace FRA  
Music: BO FILM RIO

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | 1S+1Lo                   |     |                   |
|                   | 2  | SSp                      |     |                   |
|                   | 3  | 1Lo                      |     |                   |
|                   | 4  | USp                      |     |                   |
|                   | 5  | ChSq                     |     |                   |
|                   | 6  | 1F                       |     |                   |
|                   | 7  | 1F                       |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition   | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---|---|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |   |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |   |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |   |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage  |   |                                     |                                |                           |                                      |       |       |
| Unity   |   |                                     |                                |                           |                                      |       |       |
| Presentation  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |   |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |   |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |   |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |   |                                     |                                |                           |                                      |       |       |
| Skating skills  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |   |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |   |                                     |                                |                           |                                      |       |       |
| Balance and glide   |   |                                     |                                |                           |                                      |       |       |
| Flow  |   |                                     |                                |                           |                                      |       |       |
| Power of speed  |   |                                     |                                |                           |                                      |       |       |
| Unison  |   |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation  |                                     |                                |                           |                                      |       |       |
| PC restrictions   | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe du Dragon 2026  
ADULTE BRONZE FEMME FREE SKATING

Name of Judge: \_\_\_\_\_

WD Charline AIGRON Niortglace FRA  
Music: Black to black

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | USp                      |     |                   |
|                   | 2  | 1F                       |     |                   |
|                   | 3  | ChSq                     |     |                   |
|                   | 4  | 1S+1T                    |     |                   |
|                   | 5  | CSp                      |     |                   |
|                   | 6  | 1Lo                      |     |                   |
|                   | 7  | 1Lo                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition   | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---|---|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |   |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |   |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |   |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage  |   |                                     |                                |                           |                                      |       |       |
| Unity   |   |                                     |                                |                           |                                      |       |       |
| Presentation  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |   |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |   |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |   |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |   |                                     |                                |                           |                                      |       |       |
| Skating skills  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |   |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |   |                                     |                                |                           |                                      |       |       |
| Balance and glide   |   |                                     |                                |                           |                                      |       |       |
| Flow  |   |                                     |                                |                           |                                      |       |       |
| Power of speed  |   |                                     |                                |                           |                                      |       |       |
| Unison  |   |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation  |                                     |                                |                           |                                      |       |       |
| PC restrictions   | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe du Dragon 2026  
ADULTE BRONZE FEMME FREE SKATING

Name of Judge: \_\_\_\_\_

3

Rachel DUPUIS

Niortglace

FRA

Music: AGATHA ALLONG

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  | SSp                      |     |                   |
|                   | 2  | ChSq                     |     |                   |
|                   | 3  | 1Lz+1Lo                  |     |                   |
|                   | 4  | 1F+1T                    |     |                   |
|                   | 5  | 1F                       |     |                   |
|                   | 6  | 1Lz                      |     |                   |
|                   | 7  | CSp                      |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition   | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---|---|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |   |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |   |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |   |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage  |   |                                     |                                |                           |                                      |       |       |
| Unity   |   |                                     |                                |                           |                                      |       |       |
| Presentation  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |   |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |   |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |   |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |   |                                     |                                |                           |                                      |       |       |
| Skating skills  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |   |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |   |                                     |                                |                           |                                      |       |       |
| Balance and glide   |   |                                     |                                |                           |                                      |       |       |
| Flow  |   |                                     |                                |                           |                                      |       |       |
| Power of speed  |   |                                     |                                |                           |                                      |       |       |
| Unison  |   |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation  |                                     |                                |                           |                                      |       |       |
| PC restrictions   | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe du Dragon 2026  
ADULTE BRONZE FEMME FREE SKATING

Name of Judge: 4 Delphine de SOUZA Club Patinage Artistique Limoges ISA

Music:

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  |                          |     |                   |
|                   | 2  |                          |     |                   |
|                   | 3  |                          |     |                   |
|                   | 4  |                          |     |                   |
|                   | 5  |                          |     |                   |
|                   | 6  |                          |     |                   |
|                   | 7  |                          |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition   | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---|---|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |   |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |   |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |   |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage  |   |                                     |                                |                           |                                      |       |       |
| Unity   |   |                                     |                                |                           |                                      |       |       |
| Presentation  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |   |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |   |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |   |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |   |                                     |                                |                           |                                      |       |       |
| Skating skills  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |   |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |   |                                     |                                |                           |                                      |       |       |
| Balance and glide   |   |                                     |                                |                           |                                      |       |       |
| Flow  |   |                                     |                                |                           |                                      |       |       |
| Power of speed  |   |                                     |                                |                           |                                      |       |       |
| Unison  |   |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation  |                                     |                                |                           |                                      |       |       |
| PC restrictions   | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |

Coupe du Dragon 2026  
ADULTE BRONZE FEMME FREE SKATING

Name of Judge: \_\_\_\_\_  
5 Solene POULET Club Patinage Artistique Limoges FFA

Music:

| Notes/Transitions | #  | Planned/Executed Element | GOE | Notes/Transitions |
|-------------------|----|--------------------------|-----|-------------------|
|                   | 1  |                          |     |                   |
|                   | 2  |                          |     |                   |
|                   | 3  |                          |     |                   |
|                   | 4  |                          |     |                   |
|                   | 5  |                          |     |                   |
|                   | 6  |                          |     |                   |
|                   | 7  |                          |     |                   |
|                   | 8  |                          |     |                   |
|                   | 9  |                          |     |                   |
|                   | 10 |                          |     |                   |
|                   | 11 |                          |     |                   |
|                   | 12 |                          |     |                   |

| Composition   | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
|---|---|-------------------------------------|--------------------------------|---------------------------|--------------------------------------|-------|-------|
| Multidimensional movements<br>/ use of space                  |   |                                     |                                |                           |                                      |       |       |
| Connections between the<br>elements                           |   |                                     |                                |                           |                                      |       |       |
| Choreography reflecting<br>musical phrase and form            |   |                                     |                                |                           |                                      |       |       |
| Pattern / ice coverage  |   |                                     |                                |                           |                                      |       |       |
| Unity   |   |                                     |                                |                           |                                      |       |       |
| Presentation  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Expressiveness & projection                                   |   |                                     |                                |                           |                                      |       |       |
| Variety and contrast of<br>energy / of movements              |   |                                     |                                |                           |                                      |       |       |
| Musical sensitivity and<br>timing                             |   |                                     |                                |                           |                                      |       |       |
| Oneness and spatial<br>awareness                              |   |                                     |                                |                           |                                      |       |       |
| Skating skills  | V poor - Poor<br>0,25 - 2,75  | Weak - Below<br>Average<br>3 - 4,75 | Average - Ab<br>Av<br>5 - 6,75 | Good - V good<br>7 - 8,75 | Excellent -<br>Outstanding<br>9 - 10 | Notes | Score |
| Variety of edges, steps,<br>turns, movements, directions      |   |                                     |                                |                           |                                      |       |       |
| Clarity of edges, steps, turns,<br>movements and body control |   |                                     |                                |                           |                                      |       |       |
| Balance and glide   |   |                                     |                                |                           |                                      |       |       |
| Flow  |   |                                     |                                |                           |                                      |       |       |
| Power of speed  |   |                                     |                                |                           |                                      |       |       |
| Unison  |   |                                     |                                |                           |                                      |       |       |
| Deductions by<br>majority                                     | ☐ Costume/Prop violation  |                                     |                                |                           |                                      |       |       |
| PC restrictions   | 1 serious error: maximum score 9.50<br>2 or more serious errors: maximum score 8.75 |                                     |                                |                           |                                      |       |       |